



useful**vision**

MAY/JUNE ACTIVITIES 2022

Support, activities & positive opportunities for visually impaired children and their families across the North East



Events at a glance...

SAT 7TH MAY: **Bowling at Planet Leisure**

SUN 15TH MAY: **Arts & Crafts at The Sill**

SAT 21ST MAY: **Segedunum**

SAT 28TH MAY: **Dance City**

MON 30TH MAY: **Speed of Sight**

TUES 31ST MAY: **Discovery Museum**

SUN 5TH JUNE: **Family Fun Day**

SAT 18TH JUNE: **Tees Barrage**

SAT 25TH JUNE: **Dance City**



HALL HILL FARM, FEB 2022

How to Book

Get in touch with our friendly team via one of the following options. Once you have booked, you will receive a confirmation email and you will be sent a text message reminder nearer the activity.



CALL: **0191 447 2600**



EMAIL: **office@usefulvision.org.uk**



ONLINE: **usefulvision.org.uk/events**

If you need to cancel

We appreciate that sometimes things happen and you might not be able to get to an activity that you have booked onto.

Our events can be very popular and we often have a waiting list. If you can let us know at the earliest opportunity we can give someone else a chance to attend.

Please text or call the mobile number **07544301166** as there is no-one in the office at weekends to pick up emails or voicemails.

Bowling at Planet Leisure

SATURDAY 7TH MAY
11AM - 2.30PM

- * **Family Fun**
- * **All Ages**
- * **Food Included**
- * **Fully Accessible**
- * **Booking Essential**

Bowl a strike with Useful Vision! We are returning to Planet Leisure for a fully accessible and fun bowling experience, suitable for the whole family! Join us at the lanes for two games of bowling, followed by a buffet lunch. There is free parking on site, and the whole centre is wheelchair accessible.

**7-8 Maple Way, Newton Aycliffe,
DL5 6BF**





Arts & Crafts at The Sill

SUNDAY 15TH MAY
10AM - 3PM

- * **Make & Create**
- * **Age 6+**
- * **Bring Packed Lunch/On-site cafe**
- * **Fully Accessible**

Useful Vision families are invited back to *The Sill: National Landscape Discovery Centre* to take part in a day of Nature inspired arts & crafts. Families can then explore the accessible rooftop trail with views over Hadrians Wall and take part in a tactile, interactive exhibit, which brings the incredible landscape to life! Bring a packed lunch or try locally sourced food and drinks at the on-site cafe. Free parking.

Once Brewed, Hexham, NE47 7AN

Segedunum: Experience Day

SUNDAY 15TH MAY
10AM - 3PM

- * **Make & Create**
- * **Age 5+**
- * **Bring Packed Lunch**
- * **Fully Accessible**

Join us at Segedunum for a day of Roman history, crafts & exploration!

Come along to make your own helmets, mosaics, clay coins and pots! Families will then go on a tactile guided tour of the site, with the opportunity to dress up in authentic uniforms and handle ancient Roman artifacts, followed by free time to explore the fort. There is free on-site parking. Please bring a packed lunch.

**Buddle Street, Wallsend, Tyne & Wear,
NE28 6HR**





Speed of Sight: Race Car Driving

MONDAY 30TH MAY
10AM - 4PM

Speed of Sight is a driving experience like no other! We are delighted to offer our Visually Impaired young people a thrilling race track session at Teesside Autodrome. Each participant will be given a 1 hour slot, with 20 minutes of driving time. Drivers will be supported by instructors and must wear safety harnesses and helmets. Warm clothing is advised.

South Tees Motor Sports Park, South Bank Road, Middlesbrough, TS6 6XH

Speed Of Sight have 2 specially designed race cars and one off-road buggy, to allow people of all ages with disabilities to enjoy the excitement of motorsports. Cars have dual controls; twin steering wheels and the buggy has hand controls.

- * **Big Thrills**
- * **Age 8+**
- * **On-Site Cafe**
- * **Fully Accessible**
- * **Booking Essential**

Parents, guardians & siblings are welcome to watch and are allowed in the pit lane to take photos before and after the drive but are not allowed to stay in the lane when cars are moving. This event is exclusively for V.I children.



Workshops at the Discovery Museum

TUESDAY 31ST MAY
11AM - 1PM

- * **Play & Learn**
- * **Bring Packed Lunch**
- * **Fully Accessible**

Take part in two exclusive workshops at the Discovery Museum, one of the North East's top family attractions! Get involved in a Sensory Sound workshop, full of games, tactile activities, and storytelling! Followed by the chance to build your own rocket car and put it to the test in the Rocket Car Racer workshop! Bring packed lunch or there is an on-site cafe.

Blandford Square, Newcastle upon Tyne, NE1 4JA





Activities...

- * **Bouncy Castle**
- * **Animal Handling**
- * **Adapted Bikes**
- * **Pizza Van**
- * **Balloon Twisting**
- * **Giant Garden Games**
- * **Ice Cream Stand**
- * **Sensory Spaces**
- * **Soft Play**
- * **Vintage Motorbikes**
- * **Information Stalls**
- * **Music & Sensory Games**

Family Fun Day

SUNDAY 5TH JUNE
10AM - 2PM

- * **Family Fun**
- * **All Ages**
- * **Food Provided**
- * **Fully Accessible**

Useful Vision families are invited to the Newburn Centre for a huge day of summer fun, featuring games, sports, food, sensory activities & more!

There is free parking on-site & the whole centre is wheelchair accessible. Each family will be given a voucher to redeem at the Pizza & Ice Cream stalls. In case of rain, activities can be moved inside.

Grange Rd, Newburn, Newcastle upon Tyne, NE15 8ND



Tees Barrage

SATURDAY 18TH JUNE
9AM - 2:30PM

- * **Big Thrills**
- * **Older Children**
- * **Bring Packed Lunch**
- * **Booking Essential**

Get ready for an action-packed adventure at Tees Barrage! Conquer wobbly bridges, crazy cargo nets, and swinging stepping stones over 18 metres high with the Air Trail. Then, make a splash building your own raft, and try canoeing and kayaking. There is indoor and outdoor space to enjoy packed lunch. Please wear a swimming costume and clothes you don't mind getting wet. No dresses or skirts. Participants must be over 1m tall for the AirTrail and age 10+ for the watersports. Ring the office regarding mobility access needs.

Dance City

SATURDAY 28TH MAY,
SATURDAY 25TH JUNE
10AM - 11.30AM

- * **Skills Workshop**
- * **Age 5+**
- * **Fully Accessible**

Get groovin', learn new moves & make friends at our monthly skills workshop with Dance City. Parents & Siblings are invited to join the fun too! There is free parking on site, and the college is wheelchair accessible.

**Middlesbrough College, Dock St,
Middlesbrough, TS2 1AD**



Parent Carer Forum

Have you joined our exclusive Parents & Carers forum yet?

We're proud to facilitate this online group for you to engage with other Useful Vision parents & carers, give input on our activities and connect with the team. Be part of the community!

- 1 Like Useful Vision's facebook page
- 2 Click 'Groups', then 'Join Group'
- 3 An admin will accept your request

Ways to Donate

Our activities are made possible by charitable grants & fundraising, you can support us:

Online at **www.usefulvision.org.uk/donate**

By cheque, payable to 'Useful Vision' to our address overleaf

Amazon Smile donates 0.5% of all purchases when you choose Useful Vision as your charity at **www.smile.amazon.co.uk**

Join **EasyFundraising.org.uk** for free to raise donations for us when you shop online.

Become a Co-op member and choose us as your charity and the Co-op will donate to us every time you buy Co-op branded products.

Get in touch with any fundraising ideas and we will support you every step of the way!



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