

Impact and Progress

Beech Class - Hydrotherapy

The Grove School Hydrotherapy Pool No Photographs with Children or Pupils.



Intention

Hydrotherapy is used to:

1. Enhance the pupil's physiotherapy programme. The pupil's daily class physio programme is focused on expanding and maintaining the pupil's range of motions, building strength and stamina.
2. Engages daily in physio programme building into these sessions are opportunities to develop other physical skills at an appropriate level for the pupils physical and cognitive abilities, for example ball skills.

The Classroom is set up ready for the lesson using a variety of balls of various sizes suitable for the individual Childs needs.

The intention of the activity was discussed with the class teacher and TA.

The child had an individualised physio programme alongside a specific target to work towards within the session.

Implementation

Staff explained what the activities were to be and how they link into the daily class physio sessions.

Staff explained to me that they had worked alongside a Physiotherapist to ensure that they understand the safe practice for this pupil in Hydrotherapy as well as how to implement his physio programme.

Staff had a good knowledge of the next steps within the session and were able to share these with me.



Impact

- The pupil is engaged and enjoying both sessions.
- Pupil's physical strength has increased which gives him increased stability when pupils carry out tasks.
- Posture is improved which shows development of his core strength supporting in all areas of his life including participation in ball skills.

Progress

- It was amazing to see the progress being made in the session and to see the development in the learning, working alongside knowledgeable, enthusiastic and positive members of staff.
- Evidence of the good progress being made by the pupil in Beech Class can be seen in his logbook where previously the pupil has found it difficult to focus on both balance and rolling a ball. However, with consistent physio sessions both in the hydro and in the classroom, he has built up and maintained strength, which supports him to focus on other key skills such as ball skills.
- The pupil's progress is recorded in their IEP using MAPP assessment.
- Staff share their daily observations of pupil progress. Monitoring of this is carried out on several different occasions and with different staff members. This practice ensures that the pupil has consistently made progress.

