

Our Culture of Safeguarding

An overview of how we teach our learners to stay safe through our PHSE and the wider curriculum.

Our learners follow personalised learning pathways according to their specific needs and stage of development. This is through MAPP Learning Intentions or 'I can' statements.

MAPP -

- Understanding private and public
- Road safety/travelling in the community
- Puberty
- Relationships
- Self-regulation
- Emotional awareness
- Respect towards ourselves and others
- Understanding diversity within our communities
- Communication skills, including use of AAC where appropriate to the individual pupil.
- Applying communication skills to keep ourselves and others safe.

At Step 1 of our curriculum:

- I can describe the way I am feeling using pictures.
- I can identify people who are important to me.
- I can describe what it means to be respectful.
- I know what help is and can ask for this if I need it.
- I can say what appropriate behaviours are.
- I know the rules of the classroom.
- I know that there are consequences for my behaviours if I do not follow the rules.
- I will develop my social skills and learn how to manage my feelings.
- I am a confident speaker in a familiar group.

At Step 2 of our curriculum:

- I can identify feelings and how I may be feeling at any given time.
- I can name some of the main parts of the body including genitalia.
- I can identify some of the ways other trusted adults/family members may physically touch me as part of my daily care, play or to show affection.
- I can discuss my feelings and how touch can make me feel in different situations.
- I can demonstrate ways I can let people know if I am comfortable with this contact.
- I can name different environments that I access.
- I know that I can ask for help from trusted adults in different settings.
- I can ask for help when they need it.
- I can describe different kinds of feelings that I may experience.
- I can name different feelings.
- I can say how different activities make me feel.
- I know who can help me.
- I can describe ways that people help care for me.
- I can explain how people can help me.

At Step 3 of our curriculum:

- I will know what teasing and hurtful behaviour is to include bullying, I will know that this can happen on and offline.
- I can explain that my body belongs to me and that I have the right to feel safe.
- I can describe different types of physical contact.
- I know what I need to do to keep myself safe on the outside when out in my local area.
- I know the rules for keeping safe near railways, roads and fires.
- I can describe how different situations may be risky for my safety.
- I know that some couples who love each other may decide to live together, get married or have a civil partnership, these can be people of the opposite sex or the same sex.
- I can name different emotions including sad, lonely and scared.
- I can name feelings associated with safety, happiness, being relaxed and knowing that someone cares about me.
- I can describe how I feel in different situations.
- I can explain why we are not rude or unkind towards other people because they are 'different' (prejudiced) and treat them unfairly because of it (discriminate)

At Step 4 of our curriculum:

- I know what consent means within a healthy relationship.
- I can discuss my feelings relating to consent and what this means to me.
- I know how to stay safe if I am drinking alcohol and what a safe level of alcohol consumption is.
- I will know how to keep myself safe in a sexual relationship and what protection choices there are.
- I will know how to monitor my body and health and what to do if I feel unwell.
- I will know who can help me keep well and how to get appointments with professionals.
- I will use my communication skills when speaking to a doctor or another professional.
- I will know what consent and best interests mean to me.
- I know that there are ways to improve and maintain your Mental Health and well-being.
- I am able to discuss my Mental Health and how I may be able to improve this.
- I can access my community independently with supported if appropriate.
- I will know when I may need to see my GP.
- I will use the different methods of appointment access to make a GP's appointment if appropriate.
- I will be able to use a timetable and take part in independent travel training.
- I will know what groups are available local that I would be able to be part of.
- I will know what a positive relationship is.
- I am able to describe a positive relationship.
- I will know the dangers of alcohol and drug abuse.
- I can discuss how to keep myself safe in my community.
- I will know who I can speak to about my mental health.
- I can describe the kinds of help that are available to me regarding my mental health.
- I will know what 'Sex Education' is and how it impacts on my life.
- I will be able to create a leaflet/booklet that explains to others how to keep themselves safe in a relationship.